Ingredients: Milk Thistle Seed Extract, Choline Bitartrate, Gelatine (capsule shell), Release agent: Magnesium Salts of Edible Fatty Acids.

1 capsule contains: Milk Thistle Seed Extract – 437 mg, containing Silymarin - 350 mg, Choline – 82.5 mg.

Information for diabetics: 1 capsules contain 0.015 CE (carbohydrate exchange) units.

Caution: Do not exceed the recommended daily dose. Food supplements should not be viewed as a substitute for a balanced and varied diet and a healthy lifestyle. Keep the product out of sight and reach of children.



MILK

THISTLE

NATURA VITALIS®

Food supplement with milk thistle seed extract and choline. Choline contributes to maintaining normal liver function and to normal homocysteine metabolism. Choline also contributes to normal fat metabolism.

Recommended dose:

Take 1 capsule daily with plenty of water.

Storage: Store this product in a cool, dry place and away from direct sunlight.

Best before end: See date on base of container.

Natura Vitalis BV, Groeneweg 12, NL-6041 AX Roermond Telephone: 0800 - 1 01 70 44 Further information: www.naturavitalis.de

Contents: 90 capsules / 69 g